

Sage's Rose Water Recipe

A soft old-fashioned floral splash for face, body, linens, or a handkerchief.

| You'll need | Amount |
|--------------------------------------|---------------------------------------|
| Fresh rose petals (clean, unsprayed) | 2–4 cups |
| Distilled water | Enough to barely cover petals |
| Optional: vodka or witch hazel | 1 Tbsp per cup of finished rose water |

How to make it

1. Gather fragrant rose petals and rinse very lightly only if needed.
2. Place petals in a pot and add just enough distilled water to barely cover them.
3. Cover with a lid and warm on very low heat for 15–25 minutes. Do not hard-boil.
4. When petals lose much of their color, remove from heat and let cool with the lid on.
5. Strain well into a clean glass jar or bottle.
6. For a stronger scent, pour the first batch over fresh petals and repeat one more time.

How to use it

- Light body splash
- Face freshener
- Linen mist
- A soft scent on a handkerchief for church or visiting

Keeping notes

Store in the refrigerator and use within 5–7 days. Adding a tablespoon of vodka or witch hazel per cup helps it keep a little longer, but this is still a fresh homemade recipe.

From The Appalachian Sage

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